About the owner of Green Therapeutic.
Robert Green, LMBT, was educated in Ohio, the only State that required all massage therapists to hold a medical license. At the time of his education Ohio mandated the textbooks used to be written for medical doctors—most massage schools use textbooks written by massage therapists or nurses. Nationally, the training for a massage therapist ranges from six to nine months. Mr. Green studied massage therapy for three years with a major in anatomy and physiology. He is a provider for the prestigious International Pelvic Pain Association and is currently working on his Doctorate in Naturopathy and a Ph.D. in Holistic Natural Health & Nutrition.

Mr. Green’s goal is to help his patients achieve a better quality of life by reducing their pain and other disorders. Green Therapeutic requires patients to have a note form their physician before they perform pelvic floor or pelvic internal therapy. Please consider if this treatment is right for your patient.

References:
WebMD: “Types of Physical Therapy”
http://www.webmd.com/pain-management/tc/physical-therapy-types-of-physical-therapy

North Carolina: “Rules and Regulations”

Pelvic Health & Rehab: “What is a Good... Session Like”

Form: “Request for Internal Pelvic Massage Therapy”
http://www.greentherapeutic.com/Pelvic%20Disorders.pdf

International Pelvic Pain Society:
http://pelvicpain.org/

Pelvic Disorders & Massage Therapy

Membership has its privileges.
Members are entitled to:
Members only scheduling with more appointment times, up to 3 hour appointments, and deeply discounted rates.

Member Prices:
60 minute massage $60
90 minute massage $90
120 minute massage $120

Non-Member Prices:
60 minute massage $90
90 minute massage $135
120 minute massage $180

Green Therapeutic Massage
7406-K Chapel Hill Road
Raleigh, NC 27607
919-813-0978

Prices and services are subject to change.
For the latest updates go to our website

www.GreenTherapeutic.com
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Massage therapy is a branch of manual therapy which is practiced by medical professional such as Osteopaths, Naturopaths and Physical Therapists. WebMD defines manual therapy as:

“a general term for treatment performed mostly with the hands. The goals of manual therapy include relaxation, decreased pain, and increased flexibility.”

Pelvic pain and massage therapy.

Nationwide, the core curriculum for most massage therapy schools consists of sports (Swedish) massage. This focuses on improving joint movement and relaxing muscle tissue. Due to the limited education required to learn this technique, many states don’t allow massage therapists to perform pelvic floor or pelvic internal work.

North Carolina massage law, however, allows a licensed massage and bodywork therapist to perform pelvic floor and pelvic internal therapy. (See North Carolina’s “Rules and Regulations,” section .0516) Yet many therapists aren’t trained to treat pelvic disorders. Because of this, they completely avoid the pelvic area. Other therapists are more concerned with providing their clients with a relaxing experience rather than treating pain or other soft tissue disorders. But what about your patients? Their pain is real. And you know . . .

. . .pelvic disorders = disrupted lives.

Pelvic disorders often lead to pain and other issues (please see the adjoining panel). As a treatment modality, manual therapy is an excellent, proven way to relieve pain and correct soft tissue disorders that cause pain. As a health care professional, perhaps you’ve encountered difficult cases and found yourself frustrated as to how you could help them. Now you have another option. Simply share with them . . .

. . .what pelvic internal therapy is.

The goal of internal pelvic therapy is the same as treating the rest of the body—to help improve the quality of your patient’s life by reducing pain and correcting soft tissue disorders. Initially, the idea of internal therapy may not be appealing. Many may wonder if it’s painful. Others may feel ill at ease about receiving therapy in an area associated with intimacy. At Green Therapeutic, your patients will always be treated in a dignified manner.

Both male and female patients are treated at Green Therapeutic. Depending on the issues involved, treatment is done slowly and carefully in either the anus or vagina. Usually, internal therapy only lasts a few minutes and is part of a full body session. It’s rarely done as a singular treatment. Most of your patients will report feeling a sense of “pressure” or a “slight pinch” when they receive internal therapy.

What symptoms can be treated.

- Bladder Discomfort
- Bladder Issues
- Chronic Nonbacterial Prostatitis
- Chronic Pelvic Pain
- Coccygodynia (Tailbone Pain)
- Cyclist’s Syndrome
- Diastasis Recti
- Difficulty Emptying the Bladder
- Dysmenorrhea (Painful Periods)
- Dyspareunia (Painful Intercourse)
- Dysuria (pain with urination)
- Endometriosis
- Fibromyalgia
- Frequency / Urgency of Urination
- Genital Numbness
- Incontinence / Leakage
- Interstitial Cystitis
- Lateral leg rotation
- Lower Back Pain
- Male Pelvic Pain
- Pain & Dysfunction assoc.w/ cycling
- Painful Bladder Syndrome
- Pelvic Organ Prolapse
- Pelvic Pain Syndromes
- Postoperative Rehabilitation
- Pregnancy Related Issues
- Prenatal and Postpartum
- Pudendal Neuralgia
- Rectal Pain
- Sacro-iliac / SI joint pain
- Sciatica
- Urinary / Bowel / Sexual Dysfunction
- Vestibulodynia
- Vulvar / Vaginal Pain Syndrome
- Vulvar Vestibulitis